

Vegetables Consumed



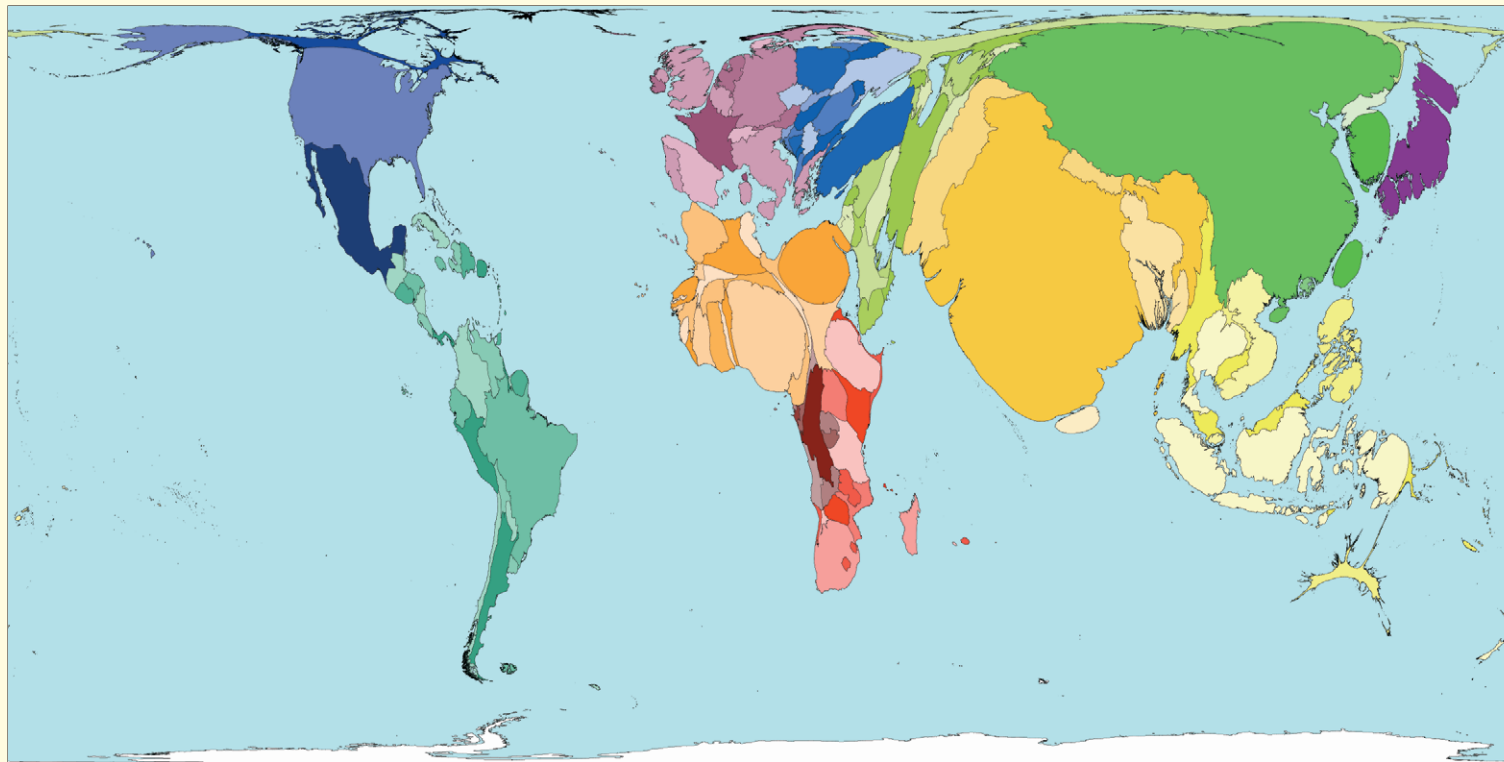
The University of Sheffield



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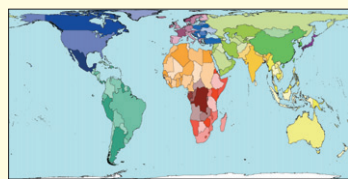
Produced by the SASI group (Sheffield) and Mark Newman (Michigan)



Vegetables here means all food, excluding meat. People in China and India consume the most vegetables, the largest populations live in China and India. Food consumption per person varies less than other topics, because people need to attain a certain calorific intake to survive. Intake is lowest where people go hungry. Intake is highest where less meat is eaten.

A close inspection of vegetable consumption per person by territory indicates large variations. The biggest difference is that the average person living in Turkey consumes more than three times the daily vegetables that the average person living in Somalia consumes.

Territory size shows the proportion of worldwide vegetable (vegetable here means everything except for meat) consumption that occurs there.



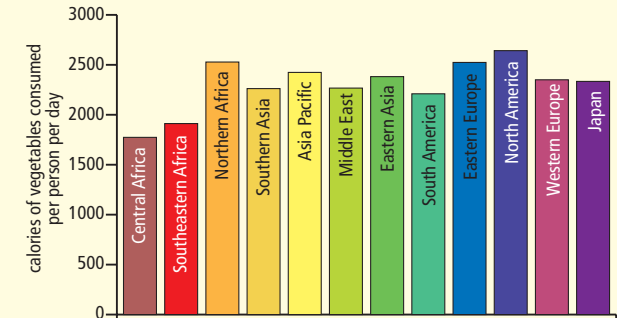
Land area

MOST AND LEAST VEGETABLES CONSUMED

Rank	Territory	Value	Rank	Territory	Value
1	Turkey	3128	191	Kenya	1736
2	Egypt	3066	192	Dem Republic Congo	1708
3	Tunisia	3003	193	Bahamas	1693
4	Syrian Arab Republic	2953	194	DPR Korea	1688
5	Libyan Arab Jamahiriya	2948	195	Burundi	1641
6	Morocco	2868	196	Afghanistan	1606
7	Greece	2851	197	Antigua & Barbuda	1594
8	Lebanon	2829	198	Eritrea	1530
9	Indonesia	2752	199	Mongolia	1071
10	Jordan	2748	200	Somalia	828

calories per person per day from vegetables

DAILY VEGETABLE INTAKE PER PERSON



Technical notes

- Data are from the United Nations Environment Programme, 2005.
- Vegetables here is all food stuffs that are not animal or fish products, as opposed to the usual definition of vegetables.
- See website for further information.

“... there is always room for improvement and we challenge Americans to get fruits, get vegetables and get going to a healthier, happier you.”

Apu Mody, 2006